

Apple Varieties

There are over 7,500 varieties, here are some of the most popular.

Ashmead Kernel, Beauty of Bath, Blenheim Orange, Breaburn, Cox's Orange Pippin, Crispin, Discovery, Egremont Russet, Elstar, Empire, Fuji, Gala/Royal Gala, Golden Delicious, Granny Smith, Greensleeves, Ida Red, James Grieve, Jonagold, Jonathan, Katy, Kidds Orange Red, Laxton's Fortune, Laxton's Superb, McIntosh, Orleans Reinette, Pink Lady, Pomme d'api, Red Delicious, Spartan, Worcester Pearmain, Lord Lambourne, Washington Red, Lord Derby, Red Pippin, Rome Beauty, Starking Sturmer Pippin, Tydeman's Late, Orange, Winesap, Winston.

Apple facts

- Apples contain no fat, sodium or cholesterol and are a good source of fibre.
- A medium apple is about 80 calories.
- They are fat, sodium and cholesterol free.
- They float because 25% of their volume is air.
- It takes the energy from 50 leaves to produce one apple.
- Pomology is the science of growing apples.
- In 2005 an apple was grown in Japan and weighed 4lb 1oz.
- New York City is nicknamed the big apple.

Proverbs

- Don't upset the apple cart
- An apple a day keeps the doctor away
- Apple of your eye
- One bad apple spoils the bunch
- The apple doesn't fall far from the tree
- A pear tree cannot bear an apple

Jokes

1. What do you get if you cross an apple with a shell fish? **A crabapple**
2. What kind of apple isn't an apple? **pineapple**
3. Why did the farmer hang his raincoats all over his orchard? **Someone told him he should get an apple mac**
4. What's worse than finding a worm in your apple? **Taking a bite and finding ½ a worm**
5. Why didn't the 2 worms go into Noah's ark in an apple? **Because everyone had to in pairs**
6. Why did the apple go to the doctor? **He felt rotten to the core**

Poems

“ My long two-pointed ladder’s sticking through a tree
Toward heaven still,
And there’s a barrel that I didn’t fill
Beside it, and there may be two or three
Apples I didn’t pick upon some bough.
But I am done with apple-picking now.
Essence of winter sleep is on the night,
The scent of apples: I am drowsing off.”

By Robert Frost

Apples growing on a tree
Some for you
Some for me
Some to eat
Some to cook
Apples are a lovely treat
Autumn comes; salad days
Gives us time to sit and gaze
Gusty winds stir fallen leaves
A skittish dance they will achieve
Pale sun; darkish cloud
Lightning flashes; thunder loud
Heavy rain with bouncing hail
Rainbow harvest without fail

By Fred Skillington

